

## EASTERN LYCOMING YMCA GYMNASIUM SCHEDULE Week of October 21st-October 27th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:30-8:45am	Open Gym 5:30-8:45am	Open Gym 5:30-8:45am	Open Gym 5:30-8:45am	Open Gym 5:30-8:45am	Closed	Closed
Boomer Fit 9:00-9:45am Rick	Drums Alive 9:00-10:00am Diana	Circuit Central 9:00-10:00am Julie	Drums Alive Power Beats 9:00-10:00am	Cardio Progression 9:00-9:45am Diana /Julie		
SilverSneakers 10:00-11:00am Diana/Julie		SilverSneakers CLASSIC 10:00-11:00am		Preschool 10-11:00am	SilverSneakers CLASSIC 10:00-11:00am Diana/Julie	
Child Care 11:00-11:45am Half Gym	Child Care 11:00-11:45am Half Gym	Child Care 11:00-11:45am Half Gym	Child Care 11:00-11:45am Half Gym	Child Care 11:00-11:45am Half Gym	Superstars 10-10:45am Diana	Open Gym Member's Only 12:00-4:45pm
Pickleball 12-2pm	Open Gym 12:00-3:45pm	Pickleball 12-2pm	Open Gym 12:00-3:45pm	Pickleball 12-2pm	OPEN GYM Member's Only 11:00AM-4:45PM	
Open Gym 2:15-3:45pm		Open Gym 2:15-3:45pm		Open Gym 2:15-3:45pm		
Child Care 4:00-4:30pm Half Gym	Child Care 4:00-4:30pm Half Gym	Child Care 4:00-4:30pm Half Gym	Child Care 4:00-4:30pm Half Gym	Child Care 4:00-4:30pm Half Gym	Closed	Closed
Open Gym 4:45-8:45pm	Open Gym 4:45-8:45pm	Drums Alive 5:45-7:00pm Bob	Open Gym 4:45-6:15pm	Open Gym 4:45-8:45pm		
		Rec Basketball League 7:30pm-8:30pm	Rec Basketball League 6:30pm-9:00pm			

Attention: If there is inclement weather, Child Care will be in the Gym from 4:00-4:30pm.

