

Saturday, August 25, 2018

Registration/Check-In: 9:00am at the tent near the pavilion in Smythe Park, Mansfield, PA

Race time: 10:30 am

Pre-registration: \$10 per child, \$35 per family, includes t-shirt (Deadline: August 11th 2017)

Registration: \$15 per child, \$40 per family, t-shirt if available (After August 11th 2017)

Only those who pre-register by August 11th are guaranteed a t-shirt. Registrations received after August 11th will receive shirts

RUN, BIKE, THEN SWIM!

The course will feature different distances based on age group. Everyone, at all skill levels, are encouraged to participate! You may register your child based on ability if the recommendations based on age will not work for your child. Your child is welcome to use what they are comfortable using in the "Bike" portion of the race including a scooter, training wheels, etc. **A helmet is required to participate.** Flotation devices will be available at the pool during the race for those who need assistance. Event order is run, bike, then swim, with the finish at the pool.

Thank you to all our
Triathlon volunteers and
sponsors!



TIOGA COUNTY BRANCH YMCA
40-42 Besanceney Drive
Mansfield, PA 16933
(570) 662-2999
rvymca.org/tioga-county
melissas@rvymca.org



TIOGA COUNTY STRONG KIDS TRIATHLON

Saturday
August 25, 2018
10:30am



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Mansfield, PA 16933
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2018 TIOGA COUNTY BRANCH YMCA STRONG KIDS TRIATHLON REGISTRATION FORM

All proceeds benefit youth programs at the Tioga County Branch YMCA

Here at the Tioga County YMCA, we are dedicated to the success of our youth. We strive to get them and keep them involved with programs that help them grow physically, mentally and socially. We appreciate all of the participants and their parents and guardians who help them to stay active in the community.



Stop by or call the Y to register or email Melissa at melissas@rvymca.org

Parents are welcome and encouraged to assist young children with the transition between events.

Please have your child's bike and helmet set up in the marked transition area next to the pavilion before the race begins.



- Age Divisions:**
(Specify Group on Registration)
- A Pee-Wee Racers (Ages 3-5)
Length of baseball field and back , bike 2 laps around parking lot, Swim one length of pool
 - B New Racers (ages 6-7)
25 yd swim, 1/2 mi bike, 1/4 mi
 - C Intermediate Racers (ages 8-11)
50 yd swim, 1 mi bike, 1/2 mi
 - D Sprint Racers (ages 12-15+)
150 yd swim, 3 mi bike, 1 mi

Parent Name _____

Address _____

Email _____

_____ Phone Number _____

Emergency Contact & Phone _____

For each child participating, please list **First Name, Birth Date, Gender, Division** (A, B, C, or D), and **T-shirt Size** (YS, YM, YL, AS, AM, AL)

First Child:
_____ T-

Shirt _____ M/F _____

D.O.B. ____/____/____ Division: A B C D

Second Child:
_____ T-Shirt _____

M/F _____

D.O.B. ____/____/____ Division: A B C D

Third Child:
_____ T-Shirt _____

M/F _____

D.O.B. ____/____/____ Division: A B C D

Release and acknowledgement of Triathlon
In consideration of the acceptance of my entry, I hereby waive all claims for myself and my children, for damage, injuries, or losses that may occur in this YMCA event against, but not limited to, the Tioga County Branch YMCA, River Valley Regional YMCA, Mansfield Borough, all named and unnamed sponsors and volunteers and YMCA staff while participating in this event. I understand that participation in this event can result in injury to myself, my child and my property. I hereby attest and affirm that my child and I are medically able, equipped and properly trained for this event. I give the YMCA staff and volunteers permission to administer First Aid/CPR for any minor injuries and to seek professional treatment if necessary. The YMCA has my permission to photograph or

record me and my child while participating in this event.

Parent Signature

Date